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AUG 2022 | CITY OF CLINTON QUARTERLY NEWSLETTER | VOLUME 6 | ISSUE 3

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CLINTON POLICE DEPARTMENT

FULL-SIZED MOBILE SURVEILLANCE TRAILER AND POWER PLATFORM

The Clinton Police Department is in the process of purchasing several Mobile Pro Surveillance systems. These new mobile trailer systems will benefit the Clinton Police Department and the City of Clinton in many ways to help detect and prevent criminal activity in our City. Here are some of the basic benefits of these surveillance systems.

1. Solar Power

- One of the biggest benefits of mobile surveillance systems is that they can use solar energy. You don't have to plug them in; they have battery backup in case they don't get enough solar power. As they're self-sustaining, they eliminate the

SURVEILLANCE
CONTINUED ON PAGE 4...

A MESSAGE FROM THE MAYOR AND CITY ADMINISTRATOR

It is hard to have a conversation about the City of Clinton without having the Mississippi River come up in the discussion. Using the great online resources at our fingertips, pulled from the Friends of the Mississippi River (found at <https://www.fmr.org/mighty-mississippi>), it states, "How can one begin to convey the vastness of the Mississippi River? The Great Water of the Anishinaabeg flows through literature as a refuge for Twain's Huck Finn; through history as a gateway and a conduit for migration and trade; and through the North American continent as a key migratory corridor and a vast watershed. As a metaphor, the Mississippi has represented both lazy calm and overwhelming might. A World-Class River; The Mississippi River is one of the world's great rivers — Only Africa's Nile, South America's Amazon, and Asia's Chang Jiang (Yangtze) are longer than the Mississippi—Missouri system. The Mississippi is the defining geographic feature of central North America, draining all or parts of 31 states and two Canadian provinces. And it is a natural resource of global significance — Neotropical songbirds and over 40% of North American ducks, geese, swans and wading birds rely on the Mississippi River as a flyway, providing them direction, resting places, and food for epic seasonal migrations. Almost invariably, visitors to Minnesota from across the country and around the world — make it a point to see the Mississippi during their stays."

Pulling from an article in the Des Moines register just last August 24, 2021 (www.desmoines-register.com), quite a fitting on description of Clinton along the Mississippi River: "Take the

4.8-mile hike or biking trek from Riverview Park to Eagle Point Park, and don't miss out on the climb up the stone lookout tower, built by the Works Progress Administration (WPA) in 1937. From the top of the tower, enjoy a panoramic view of the mighty Mississippi. At the north end overlook in the park, you can experience a view of the widest part of the entire Mississippi River. The lodge, also built in 1937, overlooks Lock and Dam 13, where you can see barges and boats locking through the river."

The flow of economic development has seen less of the lazy calm and much more or the overwhelming might. Great to see the might of our existing business as they continue to expand both capital investments and employees, from Big River Packaging's 30,000 square foot expansion and additional jobs, to Nestle Purina's two separate projects with the next one a 126'7" automatic supply and retrieval system (ASRS) that was just announced by the Iowa Economic Development Authority (IEDA) and is a \$130M project, ADM just capped off a \$102M Wet Mill Project while celebrating their 40th Anniversary with a visit by Gov. Reynolds and Mayor Maddasion, LyondellBasell, Timken Drives, and Spider America / ADM along with new growth on the announcement of the \$610M project coming to the Rail Park; roads, gas, electric, fiber, water, sewer for a fully ready Industrial Park. All of which continue to add jobs, boast Clinton's economy and by adding more places to live will make Clinton the place to not just work but live and raise one's family for generations to come. We continue to work on increasing housing

through several outstanding developers, some of those include Mill Creek, Jordan Heights, Valley Bluff Apartments, the Wilson Building, Riverstone Crossing and Zara Heights with the Lafayette potentially moving forward later this fall.

Additionally, the City is leveraging a stellar group from Retail Strategies, whose tasks are to identify shortfalls of retail in our area and then identifying the amount of money spent by area residents out of the area and what other retail items could be added to existing businesses along with then recruiting other retail that we currently do not have or modifications. Independent of Retail Strategies are two examples, with the first a lack of sporting goods merchandise, especially after Paul's closed and a brewery/restaurant. Exciting to witness the grand opening of Rival Sports on Main Avenue in the Lyons Business District which took place in July. Close to \$5M is spent out of the area on dining options; coming this fall will be the grand opening of the Great Revivalist Brewery (GRB) in Downtown Clinton in the two former Bethel AME Churches on 4th Avenue South, offering fine cuisine along with soda pop and beer brewed right in Clinton.

It takes funding for continued revitalization. The staff and elected officials' continued focus has netted another successful audit for the seventh year in a row, maintaining AA rating borrowing status, which means the City's borrowing

A MESSAGE FROM THE MAYOR AND CITY ADMINISTRATOR continued on page 2...

Department of Parks & Recreation

ERICKSEN COMMUNITY CENTER

1401 10TH AVE N. CLINTON IA 52732 • 563-243-1260

WWW.FACEBOOK.COM/CLINTONRECREATIONDEPARTMENT

INSTAGRAM: CITYOFCLINTONPARKSANDREC

TWITTER: @CITYOFREC

TEXT the following to 36000
to receive text updates from the Clinton Parks & Rec Dept

PARKNREC - GENERAL INFO | PNRADSP - ADULT SPORTS | PNRYTHSP - YOUTH SPORTS

CONTACTS

City Administration

Clinton City Hall: 611 S 3rd Street
P.O. Box 2958 Clinton, IA 52732
www.cityofclintoniowa.us
563-242-2144

Building & Neighborhood Services

611 S 3rd Street, Clinton, Iowa 52732
563-244-3360

Clinton Fire Department

Emergencies: 911 | Fax: 563-243-6724
Central: 344 3rd Ave S - 563-242-0125
Chancy: 2303 S 14th St - 563-242-0612
Lyons: 2311 Roosevelt St - 563-242-0321

Clinton Municipal Airport

2000 S 60th Street, Clinton, Iowa 52732
P: 563-242-3292 | F: 563-242-3488
www.facebook.com/FlyClinton

Clinton Police Department

113 6th Avenue South, Clinton, IA 52732
Emergencies: 911
Non-Emergency: 563-243-1458

Clinton Public Library-Main

306 8th Avenue South, Clinton, IA 52732
563-242-8441 | www.clintonpubliclibrary.us

Clinton Public Library-Lyons

105 Main Avenue, Clinton, IA 52732
563-242-5355 | www.clintonpubliclibrary.us

Clinton Regional Wastewater
Reclamation Facility

4025 South 30th Street, Clinton, Iowa 52732
P: 563-243-4064 | F: 563-243-4066

Street / Solid Waste Department

P: 563-242-5756

Clinton County Area
Solid Waste Agency

4292 220th Street, Clinton, IA 52732
P: 563-243-4749 | E: ccaswa@ccaswa.com

Parks & Recreation Department

1401 11th Avenue North, Clinton IA 52732
www.cityofclintoniowa.us/departments/recreation
P: 1-563-243-1260 | F: 1-563-242-6131

Municipal Transit Administration

1320 S 2nd Street, Clinton, Iowa 52732
563-242-3721

Code Enforcement Department

P: 563-242-7770

A MESSAGE FROM THE MAYOR AND CITY
ADMINISTRATOR continued from page 1...

capacity is within State standards, the General Fund has a proper amount of available cash and the overall debt capacity allows for continued borrowing. The strategy this year is just like in the past, the team will reiterate PFM's analysis on the ability to borrow at a certain level each year while continuing to lower the overall debt. In addition, we continue to focus on leveraging other funds to assist the City: Manufacturing and Bluff project over \$22.5M leveraged from State and Federal funding for the \$38.5M overall project for the 4 mile stretch of road-way. The City continued the momentum with procuring over \$4.1M so far with several grant announcements forthcoming. Those include funds already awarded to Clinton, such as the \$1.25M in COVID-19 grants (YWCA, four small businesses, five façade grants and the Erickson Community Center). The fiber optics project has a commitment of \$1M from the County and the City has been awarded \$500,000 from the CCDA. This is a two-year project that will provide a complete ring of fiber around the City and provide triple backup. Finally, the City received \$150,000 from the Iowa Department of Natural Resources, Resource Enhancement and Protection Fund (REAP grant) for the Emma Young Pond. This complete renovation included digging out to over 10 feet (from 5 feet), adding a silt capturing area, a new ADA accessible fishing pier and once the water increases in depth, local Scout Ethan Middendorp (for his Eagle Scout project) will be installing a canoe and kayak launching area.

Directly related to the Mississippi River, the

City is working through the Homeland Security State office on a Flood Prevention Study of the entire levee, with the City being awarded \$650,000 toward the effort. A much-needed hydrology study will be conducted on the flow along the Mighty Mississippi by the Corps of Engineers, with the \$212,000 cost split 50/50 between the City and the Corps. In addition, not funded by a grant but rather by the City, Clinton will be working on a full riverfront study. This is to have a third party look from Eagle Point Park to Mill Creek along the river on what should be or could be done and what should stay the same. In addition, the City has submitted a \$461,600 request for Marina upgrades and Discovery Trail lights/seating area updates via a Destination Iowa Grant. One other powerful initiative, Public Works installed the first electric vehicle charging station in the City of Clinton in the 100 block of 5th Avenue South in the downtown. The new vehicle charging station can be used for only \$1.00 per hour. Stay tuned for another charging station to be installed in the Marina parking area that was donated from an employee that works at Tesla.

It was great to see another successful season for all those entertainment items along the Mississippi - from the Showboat, the LumberKings Baseball again setting attendance records for the Prospect Wood Bat League, the Marina, the B.A.S.S. Pro fishing tournament was truly a thing to see with competitive fishing folks travelling from all over the country to complete, the municipal swimming pool full of summertime swimmers and large tournaments, RV Campground, along with renovation of the Veterans Memorial / Riverview Road. The mighty Mississippi River, forming the banks/levee at Clinton, has for over 170 years provided great a great space for

entertainment and relaxation.

Just a hop, skip and jump from the Mississippi River is the Downtown where numerous murals, crosswalk paintings and a sense of pride are happening. Between the Synergy High School students, some local artists and artists from the University of Iowa (Masters students), three murals are already completed (have you seen them yet?) with a fourth that should be finished around the publishing time of this Lighthouse edition (hint, it involves thread). Several "I Believe in Clinton" murals have been put up. Have you spotted them yet? All of these items create a sense of pride and another reason to visit the Downtown and Lyons Business Districts.

Meanwhile, the Council and staff have also been focusing on the next 2-year goals and objectives and will begin honing on a 10-year capital improvement plan. The focus will be on improving what we have and adding what we need. For those reading this today, Thank You - it shows you truly care about our City and the direction it is going. It is important to remember that this is "OUR" City, not them, they or "the City". Only together may we foster community, caring and the excitement created right here on the Mississippi River.

The Lazy Calm and the Mighty Mississippi River should be a constant reminder of the ebb and flow of life. Just like the river, the goal is to keep moving with a solid vision and plan to lead the City through all challenges and end up revitalized. There are so many neat items produced in Clinton, now we all can add one more to that claim: when someone picks up a GRB can, it will state: "Made in Clinton"! Cheers to the lazy calm and mightiness of Clinton's citizens! Remain calm and carry on!

SOARING EAGLE NATURE BARN – DOG PARK FALL FEST

October 22nd, 2022 – Saturday – 12:00pm – 4pm

Free Pumpkins for Everyone!

Live music, games, scavenger hunt, hayrack rides through Eagle Point Park, hiking on trails with a Naturalist, campfire, roast hot dogs, Smore's. Also available hot chocolate and apple cider. The best part is it's all FREE! In case of inclement weather, date will be Oct 29th.

MUNICIPAL TRANSIT ADMINISTRATION (MTA)

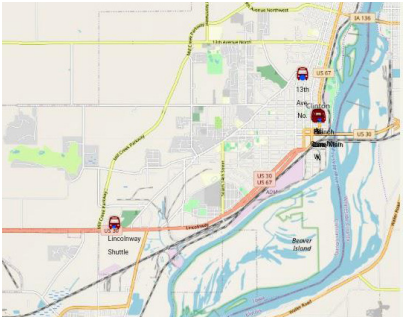
BUS PASSENGER SAFETY

The Clinton Municipal Transit Administration provides thousands of safe rides a year to the citizens of Clinton. Our passengers range from an infant with their parent, to a k-12 student, college student, adult, senior or an eligible para transit rider. MTA drivers provide the safest ride they can, but can not control the traffic when a passenger gets off the bus.

As passengers get off the city bus, they should wait at the corner until the

bus leaves the area. This provides the passenger with a clear view to look for traffic before they cross the street. Traffic does not stop for a city bus, like a school bus.

For Your safety – Please be careful when crossing a street and wait on the corner until the MTA bus is gone. Wherever life takes you ride with us!



WHERE'S MY BUS?

For the convenience of the MTA passengers to know when and where their bus is at, the passengers are able to go to City of Clinton website:

http://www.cityofclintoniowa.us

Click on the MTA Transit tab near the bottom of the City Departments column. Then click on the tab "Live Map" Where's My Bus? You can then save the link to your phone.

MTA passengers are able see and track all the fixed bus routes. With the link the passengers know exactly when their bus will be arriving at their location.

Wherever Life Takes You... Ride With Us!!

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CITY OF CLINTON

EMPLOYEE SPOTLIGHT: Lori Dierks

Congratulations to Lori Dierks for successfully completing the International Property Maintenance Code exam! The IPMC is dedicated to developing model codes and standards used in the design, building, and compliance process to construct safe, sustainable, and resilient structures in the built environment. The City adopted the International Property Code in July of 2020 and applies to both rental properties and private property. Lori is a Code Enforcement Officer with the City's Community Development Department. Her primary goal is to promote safety in our community.

Lori began working for the City of Clinton in 2000 as a part-time Fixed Route driver for the MTA. She left the MTA in 2004 and became the City's Public Service Officer for the Police Department. She served in that capacity for 13 years until making the move to the Code Enforcement department.

Lori is a native of Camanche and graduated from Camanche High School in 1987. After High School Lori joined the National Guard and did her Army basic training at Ft Jackson, S.C and Ft. Gordon, GA. She was a Telecommunications Specialist for 6 years with the Guard and then served as a cook at the Clinton Armory building for her remaining year.

When asked what has been his favorite thing about working for the City of Clinton, Lori stated that she enjoys working with the residents to resolve problems. In her years as a



PSO, she fondly remembers helping with parades and bike sales hosted by Information Referral and Assistance Services. Lori is a very familiar face in our community and is always willing to help the residents of Clinton and her fellow teammates here at the City.

In her personal time, Lori enjoys spending time with her two grandchildren. Lori is married to her husband Kenny and has two grown sons: one son and daughter-in-law who have remained in the area, and the other son in Tennessee. Lori enjoys the outdoors and is an avid Hawkeyes and Kansas City Chiefs fan. During football season, you can find Lori and her family cheering on their favorite teams from her husband's man cave!

Please join us in congratulating Lori on her awesome achievement! We appreciate the years of service that she has dedicated to the City of Clinton and the 'can-do' attitude that she exhibits on a daily basis. Thank you, Lori.

CLINTON MUNICIPAL AIRPORT

START YOUR AVIATION CAREER AT THE CLINTON MUNICIPAL AIRPORT

Frequently asked questions about learning to fly

How much does it cost?
That depends on you! A great first step is to book a discovery flight. This is a 30-45 minute flight with an instructor who will let you take the controls and give you an introduction to flying. Costs largely include the fees for rental aircraft and instructor time. Expect to invest around \$10,000, however there are numerous scholarships and grants available.

Do I need to own an airplane?
No, rental aircraft are available at the Clinton Municipal Airport. These aircraft can be rented both during flight training and after you have received your pilot's license.

How long does it take?
It takes a minimum of 40 hours to become a private pilot, however the national average is around 60 hours. The more frequently you fly, the faster you will become a pilot. You will also need to pass a ground school course, an FAA written test, and a Practical flight test with an FAA examiner.

What is ground school?
Ground school is the process of learning the fundamentals of flying. It covers aerodynamics, weather theory, performance, airspace and more. Ground school is also available

in classroom form here at the airport.

What if I want to learn to fly as a career?
The first step is to get your private pilot's license. Once you do that, you will be able to continue training until you have enough experience, ratings, and hours to become a commercial pilot.

How old do I need to be to learn to fly?
You can begin flight training at any time, however you will not be able to solo and will not be eligible for a student pilot certificate until your 16th birthday. You need to be 17 years old to get your private pilot's license. You can take a discovery flight at any age.

How do I start?
Visit the airport! Almost everyone who works here is a pilot, and all of us are passionate about aviation. You will have a chance to talk to one of our instructors, see some airplanes and maybe talk to some of the pilots that are here. Tours are also available for organizations, school groups, child care centers or anyone who would like to learn more about aviation or airports. If you would like more information on learning to fly, please contact Matt at 563-244-4770.

If you would like to schedule a tour, please contact Marlana at 563-242-3292.



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MOST PEOPLE LOSE 20-35 POUNDS IN JUST 6 WEEKS!*



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ARE YOU READY TO FINALLY LOSE THAT EXTRA WEIGHT IN THE NEW YEAR?



** When following the program as instructed.*

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Contact DSWLP and Finally Lose Unwanted Weight this Year!

DOCTOR SUPERVISED WEIGHT LOSS PROGRAM
No drugs, No surgeries, No exercise,
No weight lifting, No gym needed,
No shakes, bars, or boxed meals.

Workshops will be held at West Gate Medical Plaza Ste. A 2635 Lincoln Way, Clinton, IA
Right Next to Culver's



DSWLP



@DSWLPBETTS



(563) 241 8760



DOC-WEIGHTLOSS

~ Are you tired of being told by your doctor that you need to lose weight but the doctor simply says, "Exercise more and eat less?"



~ Have you tried all of the other weight loss plans, fads and joined a gym only to loose some weight and add that same weight back plus more?



~ Are you afraid that your weight is detrimental to your life especially if you contract COVID 19 since the CDC says weight is a comorbidity and can make an infection with COVID 19 much worse or fatal.

How does the Doctor Supervised Weight Loss Program work?

The program combines a very low calorie diet in combination with a dietary modification, nutritional support formulas, and a weekly doctor supervision appointment. This helps you lose weight quickly and safely without starvation which supports long term weight loss.

The program is uniquely designed to support the burning of fat reserves for energy instead of burning muscle tissue during the low calorie intake. The focus is to support the gentle removal of toxins, reduce cravings and help maintain higher energy levels safely.

This program combines science and nature incorporating supplements, wholesome foods and acupuncture to naturally accelerate your weight loss, break through your weight loss barriers and maintain a healthy weight.

Further, the program supports fat burning, appetite control, healthy blood sugar levels, reduces insulin resistance and supports proper fat metabolism.

Truth about Excess Fat

It is well known that additional Fat is BAD. Most people don't understand why it is BAD. Recently a new study at Harvard Medical School in December 2020 showed that extra fat not only impairs immune cell function, but accelerates tumor growth. With extra fat a persons immune system decreases in its function to ward off any pathogens such as bacteria and viruses. People who have extra fat are more susceptible to having bacteria and viruses infect their body.

What if there was another solution?

Dr. Betts has created the Doctor Supervised Weight Loss Program that has helped many people implement the system and achieve their weight loss goals! The specific program that Dr. Betts created will get Leptin resistance, Insulin resistance and Metabolic resistance under control so that your body will want to shed that unwanted fat. Imagine yourself thin again!

Is the Doctor Supervised Weight Loss Program SAFE?

YES! The Doctor Supervised Weight Loss Program is Extremely Safe. Dr. Betts adapts the program to the specifics of the individual participant. Having Doctor supervision during the weight loss program ensures safety and success during your rapid weight loss.

Information Presentation is

MONDAY,

AUG 15, & 29, SEPT 12 & 26
OCT 10 & 24, AT 6PM CST.

Seating is very limited.
You must reserve your spot in advance.

CLINTON POLICE DEPARTMENT

WHY DO OFFICERS CONDUCT TRAFFIC STOPS?

You might be involved in a traffic stop by our Police Department for many different reasons. Whatever the reason, the officer needs your cooperation:

- The officer may want to warn you about a potentially dangerous situation.
- You may have committed a traffic violation.
- Your vehicle may match the description of one used in a crime.
- The officer might think you are in trouble and need help.
- You may have witnessed a crime.

If you are stopped by an officer while driving, you may feel confused, anxious, or even angry. These are natural feelings, but remember, traffic stops can also be stressful and dangerous for the officer. Many law enforcement officers are killed yearly, and thousands more are injured in traffic-related incidents. Each year approximately half of all line-of-duty officer deaths were related to traffic incidents. Every stop for a traffic violation has the potential for danger. Help reduce the uneasiness during a traffic stop.

REQUIREMENTS

Iowa Code section 321.324 requires all drivers shall yield the right of way to emergency vehicles. Drivers are to immediately pull over to the right, stop and remain in a stopped position until the emergency vehicle has passed. Iowa law requires motorists to change lanes or slow down, absent any other direction from a peace officer when approaching the

following vehicles, as provided in Iowa Code section 321.323A:

1. A stationary emergency vehicle that has its flashing lights activated.
2. A stationary tow, recovery, maintenance, construction, solid waste, or recycling collection vehicle with flashing lights activated.
3. Any stationary motor vehicle, including a passenger vehicle that continually displays its emergency signal lamps (i.e., Standard hazard lights).

WHAT TO DO WHEN AN OFFICER STOPS YOU

- When you see the emergency lights and/or hear the siren, remain calm, slow down, and pull over to a safe location, to the right, off the roadway.
- Do not exit your vehicle unless asked to do so. This is for safety reasons.
- Keep your hands on the steering wheel so the officer can see them.
- Inform the officer of any weapons in your vehicle and their location. Do not reach or point to the location.
- Avoid any sudden movements, especially toward the floorboard, rear seat, or passenger side of the vehicle.
- Comply with the officer's request to see your driver's license, proof of insurance, and vehicle registration. Iowa law requires you to carry these with you.
- If your documents are out of reach, tell the officer where they are before you

reach for them.

- If passengers are in your vehicle, encourage them to remain quiet and cooperate with instructions. You, as the operator, are solely responsible for your vehicle and its occupants.
- Avoid becoming argumentative. Arguing will not change the officer's mind. If you contest the violation, you will have an opportunity to address the matter in court.
- Answer all questions truthfully.
- If the officer issues you a citation and you feel the reason is vague or unclear, politely ask him/her for details.
- If asked to sign a citation, do so. It is not an admission of guilt but means that you will comply with the instructions on the ticket. In some instances, failure to sign could result in your arrest.
- You have the right to politely deny a request by an officer to search your car. However, if probable cause is present, the officer has the right to search your vehicle without your consent.
- Understand that each situation is unique, and the officer must alter his or her response to fit the circumstances. Generally, however, an officer:
 - Will provide his/her name upon request.
 - Will inform a person of the reason for being stopped.
 - Will only arrest a person for a crime committed in his/her presence or when the officer has probable cause to believe the person has already committed the crime.

IT'S NOT JUST A COURTESY, IT'S THE LAW!

MOVE OVER OR SLOW DOWN TO KEEP EVERYONE SAFE!

You can help save lives, avoid receiving a traffic ticket and prevent the potential loss of your driver's license. These laws are designed to protect motorists, including motorists stranded by the side of the road, persons being transported in emergency vehicles, and personnel at high risk while performing their duties on Iowa's roadways.

Iowa law requires motorists to:

1. Change lanes or slow down, absent any other direction from a peace officer, when approaching the following vehicles:
 - A stationary emergency vehicle that has its flashing lights activated.
 - A stationary tow, recovery, maintenance, construction, solid waste or recycling collection vehicle that has its flashing lights activated.
 - Any stationary motor vehicle, including a passenger vehicle that is continually displaying its emergency signal lamps (i.e., standard hazard lights).
2. Yield the right of way to an emergency vehicle displaying flashing lights or giving an audible signal by moving over to the right, stopping and waiting until the vehicle has passed before proceeding.

Change lanes or slow down anytime you are approaching a vehicle that is slow moving, stopped, or stranded on the shoulder if you can safely do so.

A message brought to you by your local law enforcement agency and the Iowa Governor's Traffic Safety Bureau.

IT'S THE LAW

Motorists must move over or slow down when approaching ANY vehicle stopped on the side of the road with its flashing lights activated, including passenger cars with hazard lights.

FULL-SIZED MOBILE SURVEILLANCE TRAILER AND POWER PLATFORM continued from page 1...

- need for electricity or gas generators.
 - This provides optimum security even in places without electricity. This feature can also be useful during short-term events, like festivals.
 - You also don't have to worry about going "dark" in the event of a power outage. You can ensure recording will continue so that no crime can go undetected.
 - The drawback is that this system requires consistent maintenance, or the benefit is gone.
- 2. Flexibility**
- Because they're self-sustaining, mobile video surveillance cameras are useful anywhere, even in off-grid locations. They're not connected to electricity or the internet, so they're suitable for urban and remote areas.
 - This way, you can provide security without compromise. You can be sure you're always going to get 100% of your security needs.
 - This surveillance system also makes it easy to scale up or down.
 - Do you need to secure the area more, or do you need to relocate some units? This isn't a problem with mobile surveillance cameras.
 - You can place them low, high, or anywhere you'd like.
- 3. Wireless Streaming**
- Mobile surveillance systems are always wirelessly streaming. This ensures law enforcement can stay mobile as well.
 - They stream straight to any computer or mobile phone.

- This means you don't need additional fancy equipment to see a live stream video of what the camera sees.
- You can always store the footage and use it as evidence or keep it for future reference.
 - If a crime occurs, you can spot it in real-time and then save the footage for evidence. A bonus is that it has security features for the safekeeping of the footage.
- 4. Evidence**
- As mentioned, they can record and store any footage for possible use as evidence. The 24/7 monitoring capability, 360-degree bird's eye view, and immunity to power outages make them the best choice for not letting any crime go undetected. A mobile surveillance system also has 2MP or better cameras, so you always have a clear video.
 - It can also have audio recordings, which can help solidify any case against criminals.
 - Mobile surveillance cameras, however, have actual video recordings you can play back to anyone.
- 5. Alternative to Additional Personnel**
- Law enforcement has to juggle many tasks, and they're always on the go. This means they can be extremely busy at times and may not have enough resources for everything.
 - This is why a mobile surveillance system is beneficial. It can provide the security needs of any individual, business, or institution. The need for an actual person decreases with a 360-degree view of the area.
 - All it needs is a small team for monitoring and dispatching if something goes awry.
- 6. Deterrent of Crime**
- Mobile surveillance systems are quite large, and as such,

- they're pretty easy to spot. This can be a disadvantage to some, but it can also be an advantage.
- You don't have to be passive about your security with mobile systems. The sight of the camera alone can be a deterrent to suspicious people. Due to its size, no one will attempt to commit a crime in its vicinity.
 - You can also configure it with blinding strobe lights, loud sirens and even deliver audio commands if you want.
- 7. Cost-Savings**
- The upfront cost of security and setting up permanent types of video surveillance is quite high, and for temporary projects, these costs can be unjustifiable.
 - On the other hand, a mobile surveillance system requires minimal installation, and it's not a permanent fixture, making it perfect for temporary security needs.
 - You only need to deploy the units, set them in the right position, and you're good to go.
 - Manned security can take up precious time and resources of law enforcement because mobile systems reduce the need for manned security, and they can save additional costs.
- 8. Rapid Deployment**
- Since there's no need for installation, you can deploy mobile surveillance systems faster. You can have an area secured in a matter of a few minutes, which is especially important for high-profile projects.
 - Once it has done its job, it's easy to remove them from the property. The lack of wiring and infrastructure makes clean-up a breeze.

Hannah
Peart
REALTOR®
Office Manager



Ruhl
& Ruhl
REALTORS

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HannahPeart@RuhlHomes.com
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Clinton, IA 52732

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To REMAIN highly trained and technologically advanced

to provide extraordinary customer focused prevention and emergency services always


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Takes

To Become Part of Our Team?

Honorable in our conduct – Loyal
to our Mission – Trusted by our
community

Minimum Qualifications	Benefits	Standard Operation
High school diploma/GED. Valid Iowa driver's license at time of employment and throughout period of employment. No more than three moving violations within the past three years. No OWI violation with driver's license revocation under a test refusal within the last five years No OWI violation when tested in excess of the legal limit within the last five years. United States citizen. Iowa resident or intends to be a resident upon employment, complying with City's residency policy within 1 year of hire date. Not a user of any tobacco product(s). Subject to drug testing. Subject to thorough background investigation. May test without paramedic certification but must have possession of a current Iowa EMT certificate at time of hire. Candidate must be a Iowa Paramedic within two (2) years of hire date. Paramedic class tuition reimbursement available to qualified candidates.	Employee & dependent paid medical and dental insurance -\$20,000 accidental death and dismemberment insurance -Sick leave of 12 days per year -Vacation - 1 week after 1 year 2 weeks - 2 thru 4 years 3 weeks - 5 thru 9 years 4 weeks - 10 thru 14 years 5 weeks - 15 thru 19 years 6 weeks - 20 or more years -Covered by Municipal Fire & Police Retirement System of Iowa -Medicare -Uniform allowance of \$600/year -Food allowance of \$400/year -College Tuition Reimbursement -Others:Employee Assistance Program, Deferred Compensation Plans, Credit Union deductions, Savings bond plan, and Employee Modern Life Insurance.	GENERAL: 45-member department Three fire stations STARTING SALARY: \$49,323 annually plus numerous incentives pay JOB REQUIREMENTS: There is one (1) year of probation before permanent status is accomplished. Firefighters are required to possess a current Iowa EMT-P Certificate within two (2) years of hire date. Specific job requirements are detailed in the job description. WORKING HOURS: 52.3-hour work week in following schedule: 24 hours on duty, 24 hours off duty, 24 hours on duty, 24 hours off duty, 24 hours on duty, 96 hours off duty, rotating cycle. In addition, granted minimum 12 hours off in 27 calendar day period.



Pet Fire Safety

Pets give us comfort, friendship, and unconditional love. Our connection to them can be among the strongest relationships in our lives. But pets can cause fires. We need to be careful with pets in the home.

SAFETY TIPS

- Pets are curious. They may bump into, turn on, or knock over cooking equipment. Keep pets away from stoves and countertops.
- Keep pets away from candles, lamps, and space heaters.
- Always use a metal or heat-tempered glass screen on a fireplace and keep it in place.
- Keep pets away from a chimney's outside vents. Have a "pet-free zone" of at least 3 feet (1 meter) away from the fireplace. Glass doors and screens can stay dangerously hot for several hours after the fire goes out.
- Consider battery-operated, flameless candles. They can look and smell like real candles.
- Some pets are chewers. Watch pets to make sure they don't chew through electrical cords. Have any problems checked by a professional.

SMOKE ALARMS

- Have working smoke alarms on every level of the home. Test your smoke alarms at least once a month.
- If the smoke alarm sounds, get out and stay out.
- Never go back inside for pets in a fire. Tell firefighters if your pet is trapped.

Pets and Wildfires

Make sure pets are included in your family's wildfire evacuation plan. Build an evacuation kit for each pet in your household. Ensure each kit is a size and weight that can be quickly and easily loaded into a vehicle when packing to evacuate.



FACT

Pets or wild animals have a part in starting about 750 home fires per year. These involve cooking equipment, fireplaces and chimneys, space heaters, lamps, bulbs, wiring, and candles.

**NATIONAL FIRE PROTECTION ASSOCIATION**

The leading information and knowledge resource on fire, electrical and related hazards

Your Logo

nfpa.org/education ©NFPA 2018



Hoarding and Fire: Reducing the Risk

Do you have a person in your life who may be a hoarder? Hoarding is a condition where a person has persistent difficulty discarding personal possessions. The large amount of possessions fill the home and prevent the normal use of the space. Living space becomes cluttered. It may be unusable. Hoarding brings distress and emotional health concerns.

WHY HOARDING INCREASES FIRE RISKS

- Cooking is unsafe if flammable items are close to the stove or oven.
- Heating units may be too close to things that can burn. They might also be placed on unstable surfaces. If a heater tips over into a pile, it can cause a fire.
- Electrical wiring may be old or worn from the weight of piles. Pests could chew on wires. Damaged wires can start fires.
- Open flames from smoking materials or candles in a home with excess clutter are very dangerous.
- Blocked pathways and exits may hinder escape from a fire.

HOW HOARDING IMPACTS FIRST RESPONDERS

- Hoarding puts first responders in harm's way.
- Firefighters cannot move swiftly through a home filled with clutter.
- Responders can be trapped in a home when exits are blocked. They can be injured by objects falling from piles.
- The weight of the stored items, especially if water is added to put out a fire, can lead to building collapse.
- Fighting fires is very risky in a hoarding home. It is hard to enter the home to provide medical care. The clutter impedes the search and rescue of people and pets.

How Can You Help Reduce the Risk of Fire Injury

- ✓ When talking a person who hoards, focus on safety rather than the clutter. Be empathetic. Match the person's language. If they call it hoarding, then you can call it hoarding.
- ✓ Help the residents make a home safety and escape plan. Stress the importance of clear pathways and exits. Practice the plan often. Exit routes may change as new items are brought into the home.
- ✓ Install working smoke alarms in the home. Test them at least once a month.
- ✓ Reach out to community resources. Talk to members of the fire department to alert them of your concerns. They may be able to connect you with members of a hoarding task force for additional help.

**Your Source for SAFETY Information**

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02269

Clinton Fire Department
Fire Marshal Jeff Chapman



The Insurance Group



Mark Mangler
LUTCF



Diane Christensen



Mike Determan



Drew Mangler

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BUILDING & NEIGHBORHOOD SERVICES

The mission of Building & Neighborhood Services is “To protect the heath, safety, and welfare of the community through excellence in customer service, code administration, education, and enforcement.”

BUILDING CODES

Building codes are minimum requirements that help safeguard the health, safety, and welfare of all building occupants. Building codes govern the design, construction, remodeling, and maintenance of structures. Ensuring fire safety is the primary focus of building codes, including but not limited to: keeping the structure from catching on fire, stopping a fire from spreading in a structure or to another structure, and allowing safe evacuation of building occupants from a burning structure. Building codes also include guidance on all the common parts of a building, including the structure itself, as well as plumbing, electrical, mechanical systems. All structures within our community, including homes, multi-family buildings, commercial, industrial, and insti-

tutional buildings, must conform to the rules stated in the adopted building codes. In order to ensure that buildings conform to the rules of the adopted building codes, our office will issue a building permit, and then we'll stop by for an inspection. It's through these inspections where we fulfill our mission, by ensuring that the work being done is up to code (code administration). If the work being done does not meet code, then the proper corrections are made, in order to ensure that it does (enforcement and education). Lastly, when the work being done meets code, we are able to ensure the building is safe, and the customer has gotten what they paid for (protecting the health, safety, and welfare of the community), all of which is excellent customer service!

BUILDING PERMITS

It's a beautiful summer out there, and there are many building and remodeling projects in the planning stages or going forward. Be sure to come to Central Fire Station / Building and Neighborhood Services, to get your building permit before any work begins. Roofs, siding, fences, decks, pools, accessory structures/sheds, and urban chickens, all need building permits, along with water heaters, furnaces, just to name a few. If you are unsure if you need a building permit, call. Working without a permit can get costly, as fees double and you could be subject to civil citations or municipal

infractions. Our goal is to always work with the permit holder to have a smooth project. Permit applications and select ordinances can be found at: www.cityofclintoniowa.us/departments/building_codes/documents_and_forms.php We ask for 24-hour notice for building permit inspections, but will do what we can to keep your projects moving along. Thank you for your cooperation, and SAFE AND HAPPY BUILDING!

FENCES – (RESIDENTIAL)

Thinking about putting up a fence? Here are a few rules to go by:

- It is your responsibility to know where your property line is.
- Fences go on your side of the property line and can be located up to the property line.
- You MUST call Iowa One Call 811 before you dig.
- Fences in front yards can be no greater than 3' privacy/picket or 4' chain link.

- Corner lots have 2 front yards. This one is tricky. A front yard shall be provided on each street.
- Finish or smooth side to the outside. Any posts or poles would be to the inside.
- Fence permits include zoning inspection, verifying that the location is approved.

Stop in at BNS, and we will be glad to help you with the process. Residential fence permit fees are \$65.

ZONING BOARD OF ADJUSTMENT

Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in. The Zoning Board of Adjustment is still looking for a board member. You can serve up to 2 - five-year terms. If there is a hearing, we meet the 3rd Wednesday of the month at City Hall and are typically less than an hour. You don't need to know much about zoning to be on the

board – we provide you all the information for hearings. Applications are available on the City's website: <http://www.cityofclintoniowa.us/> and can be requested by sending an email to clerk@cityofclintoniowa.us. Please contact the City Clerk's office with any questions at (563) 244-3421. Women and minorities are encouraged to apply.

POOLS, THE RULES!

Want to put a pool in your back yard? Some things to consider:

- Anything under 24" that does not have a pump or filter, is considered a wading pool, and you don't need a permit, but should take precautions to protect yourself and small children who don't know the rules. Cover, secure, or empty the wading pool when not in use.

YOU NEED A PERMIT IF:

- Your pool can hold over 24" of water and/or having a pump/filter....
- Must have a 48" barrier. Pool walls above 48" with a lockable or removable ladder ok. Or a fence 4' and over.

- Must have a GROUND FAULT CIRCUIT BREAKER AT THE ELECTRIC PANEL. The whole circuit needs protection, not just the outlet.
 - Must be located in side or rear yard. Corner lots are tricky.
 - Must be 10' away from any overhead power lines.
 - Must be 5' away from any underground lines.
 - Must have pump/filter grounded and bonded.
 - Must be 2' from any property line.
- Have fun out there, and stay safe!!

POOLS AND SPAS HAZARD MITIGATION

Dear Pool owner, We at the building department are looking forward to a great summer. It is the building departments duty to help ensure that public safety is considered with the arrival and installation of swimming pools. There were 221 media reported fatal child drowning incidents among children ages 15 and under in pools and spas during 2019 in the US according to the USA Swimming foundation. There are several safety codes referring to pools/spas with water lines above 18" and including pumps that the owner needs to be aware of and follow. Because a pool presents a very enticing playground to children, one item I will mention is barrier requirements to help prevent the drowning hazard. It is mandated in the "International Residential Code", the "International

Swimming Pool and Spa Code", and the city's ordinance that any pool capable of a water level of 24" or more have a lockable barrier of not less than 48" to limit unauthorized access to it. We at the building department understand that small pools that are easily installed or inflated and are temporary and storable, but the hazard remains and codes and ordinances are to be considered and followed. There are options for these small pools. If your pool is found to be non-compliant to safety codes it will need to be drained or secured until the non-compliance is corrected. If you have any questions regarding the safety codes regarding your pool, please contact the building department. Have a fun and safe summer. Sincerely, Rich Johannsen, Building Official

ZONING

Property Setbacks. Every property has them. Setbacks are mandated buffers between property borders and permanent structures that help maintain a feeling of openness in communities, as well as providing for safety margins in the event of fires. For example, if you are extending the side of your home, you will need to be aware of your local building code's required setback distances. There will likely be setback rules for extending a property to the front and back of a house, as well. Usually, this involves maintaining a minimum distance between the edge of structures and the surveyed property boundaries. Setbacks provide continuity to a neighborhood, and also helps with fire distance buffer. Structural home additions, garages, sheds, fences, and decks can all be subject to these setback rules. Again, Building and Neighborhood Service office can let you know what setback regulations are in effect.

Variances Are Possible While easements are rarely waived, exception to setback and some other zoning requirements are sometimes allowed through the legal process of applying for and receiving a variance. A variance is an officially-approved exception to zoning ordinances. Most commonly, variances are requested when a homeowner wishes to build a larger house on his or her lot than is allowed by zoning ordinances. By requesting a variance, the homeowner may be allowed to build that larger home, or to complete a room addition that violates setback regulations. Property owners must show a hardship that the ordinance puts on them and why they should be allowed to have an exception. They are required to notify all neighbors of the public hearing date and time, when a variance is requested, and their approval may be key to obtaining the variance.



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The Lyons Farmers Market

Open for the Season

Every Wednesday & Saturday,
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& Saturday's 8am-12pm!

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Lyons Four Square Park



PARKS & RECREATION DEPARTMENT ACTIVITIES

“WE WORK... SO YOU CAN PLAY!”

ERICKSEN COMMUNITY CENTER: 1401 11TH AVENUE NORTH, CLINTON, IA 52732 | P: 1-563-243-1260 | HOURS: MON - FRI 8AM - 5PM

MARINA OFFICE (LOWER LEVEL OF CANDLELIGHT INN): 511 RIVERVIEW DR, CLINTON, IA | P: 563-242-3600 | HOURS: APRIL - OCT 9AM - 6PM

WEBSITE: www.cityofclinton.us | ONLINE REGISTRATION: www.cityofclintoniowa.us/departments/recreation

Follow us on Social Media: Facebook  City of Clinton - Parks & Recreation Department | Instagram  CityofClintonParksandRec | Twitter  @CityofRec

ACTIVITY AREA HOURS

ADMIN OFFICE - OPEN YEAR-ROUND

8am - 5pm, Monday - Friday (except Holidays)

ACTIVITY AREA HOURS

Year- round (except Holidays) - 24 hour for Fitness Members

MON - FRI Big Gym
Jog and Walk Club 6am-9am

May 1 - Sept 30 **Spring-Fall Hours M-F**
Scheduled Drop-in 5:30pm-7pm

Oct. 1 - April 30
Fitness Center 24HR must have membership– drop in times below:
MON – THUR Youth Room 6am - 8pm
Gyms
Drop-in Rec 9am - 5:30pm
League Play & Rec Programs 5:30pm-10pm
Fitness Center Day Pass 6am-8pm
FRIDAY Youth Room
All Areas - Drop in Rec 6am-7pm
Fitness Center 6am-7pm
SATURDAY Gyms
League Play & Rec. Programs 8am-12:30pm
All Areas - Drop in Rec 12:30pm-5pm
Fitness Center Day Pass 7am-5pm
SUNDAY All Areas - Drop in Rec Noon-5pm
Fitness Center Day Pass Noon-5pm

Special Events and/or programs are held throughout the year. Please consult the recreation program brochure and watch for flyers that adjust these listed hours or visit our website at www.cityofclintoniowa.us

MEMBERSHIP FEE SCHEDULE

Fitness Membership - Weight Room, Gyms, Classes if available

	Daily	Annual	Monthly	Monthly Auto-Deduct
Student (Ages 16/17)	\$4	\$162	\$22	\$15
Senior (age 55+)	\$4	\$162	\$22	\$15
Adult	\$5	\$216	\$27	\$20
2-Person		\$324	\$37	\$30
Family (6ppl)		\$432	\$47	\$40
Fit Pass (during office hours)			\$20	

Additional Family Member Youth - \$10

We take Tivity Memberships - Prime/Prime PB/Silver Sneakers/Renew Active

Club Membership - access to the Clubs at ECC - \$20 a year

Jog and Walk Monday-Friday 6am-9am
Knitting & Crochet Club Tuesdays 9am-11:30am
Bridge Club Tuesdays 1pm-4pm

Basic Membership - big and small gyms and youth room

Student Ages 7-17 \$25 annually (daily \$4) (6 and younger free)
Senior \$25 annually (daily \$4)
Adult 18+ \$50 annually (daily \$5)
2- Person \$75 annually
Family \$100 annually
Daily Pass: \$5

Pool Membership - Riverview Pool during operating hours - New 2022 Rates

Student Ages 5-17 \$70 season (daily \$4) ages 4 and under \$2
Senior \$80 season (daily \$5)
Adult 18+ \$90 season (daily \$5)
2-Person \$140 season
Family \$200 season (6ppl) \$225 (7+ppl)
Daily Pass (non-student): \$5
Family - children on family membership must be 26 years or younger and be tax dependent (proof req)

RENTALS AT ERICKSEN COMMUNITY CENTER

Make the Ericksen Community Center your place for a special kids’ birthday, scouts, class, or Sunday school party!

TWO DIFFERENT PACKAGES:

Party Package A - Community Room and Small Gym - \$60/hr– Community Room holds up to 70 people with tables and chairs and the small gym is across the hall with 2 basketball hoops.

Party Package B - Commons Area and Big Gym - \$80/hr– Commons area holds up to 35 people and has access to the Big Gym. (currently under construction)

LOCATION: Ericksen Community Center

DAY & TIME: Call for availability

RESERVATION DEADLINE: Five business days notice minimum

TEXT THE FOLLOWING CODES TO 36000 TO STAY UP TO DATE ON INFO:

Parks & Recreation General Information: **PARKNREC**
Parks & Recreation Adult Sports: **PNRADSP**
Parks & Recreation Youth Sports: **PNRYTHSP**

RIVERVIEW POOL RATES 2022

101 South 1st St, Clinton, Iowa | Lap Swim 10:30am-12:30pm Daily.

DAILY, ONE TIME, ADMISSION Youth age 6 and under must be accompanied by an adult, ‘sitter’ or guardian age 16 and over within arms reach.

INFANT/TODDLER (4 and under) **\$2**
YOUTH (5 to 17) **\$4**
SENIORS 55+ **\$5**
ADULT (18-54) **\$5**
GROUP RATE of 10 or more (regardless of age) **\$4 EACH**
A Group is at least one adult over 16 for each 5 to 8 youths.

POOL MEMBERSHIP

Student Ages 5-17 \$70 season (daily \$4) ages 4 and under \$2
Senior \$80 season (daily \$5)
Adult 18+ \$90 season (daily \$5)
2-Person \$140 season
Family \$200 season (6ppl)
Family \$225 season (7+ppl)
Family- children on family membership must be 26 years or younger and be tax dependent (proof req.)

RENTAL INFO

Kiddie Pool/Splash Pad – 9:30am - 11:30am \$40 max 30 ppl
Pool Party - starting at 6pm – Fri, Sat or Sun, June 10 - July 31

# of ppl	1 hr	2 hr	3 hr	Sections
1-50	\$115	\$230	\$345	MP, KP, SP
51-100	\$130	\$260	\$390	MP, KP, SP
101-200	\$150	\$300	\$445	MP, KP, SP, DW
201-500	\$175	\$350	\$510	MP, KP, SP, DW

More increments are available.. MP=Main Pool, DW=Diving Well, SP=Splash Pad, KP=Kiddie Pool

BOW WOW LUAU SEPTEMBER 5TH, 1pm-4pm, \$10

FALL YOUTH SOCCER

Come take part in one of the area's largest youth soccer programs. This program is designed to teach the fundamentals of soccer to participants ages 3 through 8th grade. Children will learn the fundamentals of soccer through practices and games through instruction by volunteer coaches. Games consist of smaller sided play to ensure more quality touches of the ball during games. Roster sizes will vary depending on number of registrations for each league. There are 9 leagues available including Preschool (co-ed), K-1st grade Boys, K-1st grade Girls, 2-3rd Grade Boys, 2-3rd Grade Girls, 4-5th Grade Boys, 4-5th Grade Girls, 6-7-8th Grade Boys and 6-7-8th Grade Girls. Participants are registered by the school they attend. (Coaches Meeting Aug. 24th At Ericksen Center @5:30)

LOCATION: Jurgenson Soccer Complex (Middle School Possible Games in DeWitt)
DAYS: Some Tuesday, Thursdays possible and Saturdays
DATES: Sept.– 17 & 24 Oct.– 1, 8, 15 & 22 (Rain date Oct. 29)
AGES: 3 years old through 8th grade (2022-2023 school year)

Registration Period: Now through August 19: Participant Fee: \$44
Late Registration (Only if availability permits): Participant Fee: \$51

FLAG FOOTBALL

Instruction in non-tackle flag football for 1st, 2nd, 3rd & 4th grades. Volunteer coaches will show youngsters an assortment of warm-ups, drills and plays needed to acquire basic football skills. T-shirts will be given to all players and coaches. Teams will consist of 7 players on the field at one time with minimum playing rules. Children registered by school attended.

WHO: Boys/Girls 1st/2nd Grade & Boys/Girls 3rd/4th Grade
GAME DATES: Sept. 25th – Oct. 30th Sundays
LOCATION: Emma Young Softball Fields (Ericksen Community Center)
REGISTRATION: Now through Aug. 25th
PARTICIPATION FEES: \$44
Late Participation Fee: \$51 (only if availability permits)
“Flag Football Coaches Wanted”
Coaches Meeting: Ericksen Center-Sept. 1st 5:30pm

REGISTRATION INFORMATION

1. You may register in person, by mail or online at www.cityofclintoniowa.us A mail-in registration form is available by request. 2. Telephone registrations are not accepted. 3. Payment in full must accompany registration. 4. Senior citizens receive a discount off of adult rates. (not less than a youth fee in the same activity). 5. For registration purposes, youth are up to 17 years of age, adults are 18 and over, & seniors age 55 and over.

DISCRIMINATION STATEMENT

The City of Clinton in the provisions of employment, services and facilities, does not discriminate against anyone on the basis of race, color, sex, creed, national origin, age or disability. If anyone believes he or she has been subjected to such discrimination, he or she may file a complaint alleging discrimination with either the Office of Equal Opportunity, U.S. Department of Interior, Washington, D.C. 20240, or with the City Administrator who has been designated to coordinate compliance with

the non-discrimination requirements contained in section 35.107 of the U.S. Department of Justice regulations. Information concerning the provisions of Title II of the Americans With Disabilities Act are available from the City Administrator.

ACCOMMODATIONS

To make participation in programs/services more enjoyable, individuals with a disability requiring accommodations are requested to inform the Parks & Recreation Department at least 48 hours in advance, so that those accommodations requested can be ready for the individual for participation in their chosen activity.

ACCIDENTS/INSURANCE

Individual, team or group accident insurance is not provided by the City of Clinton for participants in Parks & Recreation Department programs. We recommend that you check with your personal agent to assure coverage. Please report any injuries to department staff personnel.

YOUTH JR. TACKLE FOOTBALL

GRADE: Grade 5 & 6 (based on the school year, 2022-2023)
REGISTRATION PERIOD: now thru August 18 \$100
Registrations accepted now thru equipment fitting days if spots available
EQUIPMENT FITTING & REGISTRATION: Each Team will have a certain time for equipment fitting
LATE REGISTRATION & EQUIP FITTING (if availability permits):\$110
Equipment fitting will occur at each scheduled practice.
TEAM FORMATION BASED ON: School attendance center:
In Camanche, DeWitt, Easton Valley, Fulton, Clinton
NOTE: Clinton Schools will be drafted in an effort to balance roster sizes
GAME DAYS: Mon, Tues and/or Thurs not earlier than 5 pm and beginning no later than 7:30 pm
GAME DATES: Sept.19 thru Oct.27
GAME LOCATIONS: River Kings & Queen Complex
SCHEDULE: Practices can begin August 26. Each player is required to practice 3 days before contact in pads.
NOTIFICATION: Coaches meeting – August 18 at 5:30 pm at Ericksen Center
RAIN OUT PROCEDURE: Parks & Recreation Dept. Staff will contact the coaches, who will then contact parents.

V.S.E (Visual Skills Evaluation): 5:30pm Thursday August 25th for Clinton Schools ONLY (Bluff, Eagle Heights, Jefferson, Whittier Elementary Schools, Clinton Middle School and Prince of Peace Catholic School) will be held at the Ericksen Community Center. Players will need to complete a “VSE” only once while involved in the league. In the second year, a player is automatically placed on the same team as the previous year, unless a re-draft is requested.
“Hey Coach” — COACHES WANTED
This is what a team of kids would call you if you volunteer to coach for a team. Teach the fundamentals of the game in a fun age-appropriate environment. Coaches will organize practices and set-up plays for their team. A coach's meeting will be held to hand out program materials and to explain the Soccer program. Coaches must fill out a Coach's Application and complete a background check, which are available online or at the Recreation Department Administrative Office located at 1401 11th Ave. N., Clinton

GIRL’S GRADES 2ND - 3RD VOLLEYBALL CLINIC

LOCATION: Ericksen Community Center Gym
DAYS: Sundays
DATES: September 11, 18, 25
October 2, 9, 16
GRADE & TIME: 2nd Grade 3rd Grade
1-2 pm 2:15-3:15 pm
Registration Period: Now thru Sept. 1: Participant Fee: \$40
Late Registration (Only if availability permits): Participant Fee: \$47
LIMIT: 12 minimum; 18 maximum for 2nd thru 3rd Grade
It is recommended that girls wear knee pads. Coaches and T-shirt are provided.

GIRL’S GRADES 4TH - 6TH VOLLEYBALL CAMPS

LOCATION: Ericksen Community Center Gym
SERVING CAMP:
DAYS: Sundays
DATES: September 11, 18, 25
GRADE & TIME: 4th-6th Grade 3:30-5pm
Registration Period: Now thru Sept. 1: Participant Fee: \$25
Late Registration (Only if availability permits): Participant Fee: \$32
LIMIT: 12 minimum; 30 maximum for Camp. It is recommended that girls wear knee pads. Coaches and T-shirt are provided.
PASSING CAMP:
DAYS: Sundays
DATES: October 2, 9, 16 23
GRADE & TIME: 4th-6th Grade 3:30-5pm
Registration Period: Now thru Sept. 22: Participant Fee: \$30
Late Registration (Only if availability permits): Participant Fee: \$37
LIMIT: 12 minimum; 30 maximum for Camp. It is recommended that girls wear knee pads. Coaches and T-shirt are provided

GIRL’S GRADES 4TH - 6TH VOLLEYBALL LEAGUE

LOCATION: Ericksen Community Center Gym
DAYS: Sunday Afternoons
DATES: October 30
November 6, 13, 20 (No games 11/27)
December 4, 11
Registration Period: Now thru October 6th Participant Fee: \$44
Late Registration (Only if availability permits): Participant Fee: \$51
LIMIT: 12 minimum; 36 maximum for 4th thru 6th Grade. It is recommended that girls wear knee pads. T-shirt are provided.
FEE: \$44
LATE REGISTRATION: \$51 (Only if available)

* A VISUAL SKILL EVALUATION (V.S.E.) is for new players or for players requesting to be re-drafted. Returning players are automatically placed on the same team as the previous year.
V.S.E. time on Thursday, October 13, 2022 - 5:30pm At the Ericksen Center
Coaches Meeting to Follow the VSE At 6:30pm At the Ericksen Center

What is an ECC Club Membership? With your \$20 annual pass, you have access to the Clubs at the Ericksen Community Center. If you are interested in adding a Club, please see the staff.

JOG AND WALK CLUB

WHO: Men and Women
DAY & TIME: Year Around 6am-9am
SITE: Ericksen Community Center (lower level)
FEE: ECC Club Membership \$20

KNITTING AND CROCHET CLUB

WHO: Adults
LOCATION: Ericksen Community Center, Club Room
DATES: Year round
DAY & TIME: Tuesday, 9am-11:30 am
FEE: ECC Club Membership \$20

Bring your favorite needle craft hobby and a friend or come by yourself and make new friends. Enjoy a social morning of needlework, conversation and refreshments.

BRIDGE CLUB

The avid card player is welcomed to join the fun in a game of bridge with good conversation and a potluck of snacks. Singles and couples both welcomed. Instruction not provided.
WHO: Adults
LOCATION: Ericksen Community Center, Club Room
DATES: Year round (except holidays)
DAY & TIME: Tuesday, 1pm-4pm
FEE: ECC Club Membership \$20

LITTLE SHOOTERS BASKETBALL SKILLS & DRILLS CLINIC

This 6 week program is designed to introduce basketball fundamentals at the elementary age and early MS level. Participants will learn the basic basketball fundamentals of passing, dribbling, defense and shooting through age-appropriate drills.
Program is instruction based and is conducted by experienced staff, as well as local high school and college players. Participants will experience 4 weeks of skills and drills session, followed by 2 weeks of scrimmage games. Each participant will receive a T-shirt.
WHO: Boys and girls in grades K-6th (2022-2023 school year)
LOCATION: Ericksen Community Center, Gymnasium
DAYS: Saturdays
DATES: Oct. 29- Nov. 5, 12, 19 (No 11/26)
December 3 & 10
TIME: Kindergarten: 9 am - 10 am
1st-2nd Grade: 10:15 am - 11:15 am
3rd-4th Grade: 11:30 am - 12:30 pm
5th-6th Grade: 12:45pm-1:45pm
Registration Period: Now through October 20: Participant Fee: \$40
Late Registration (only if availability permits): Participant Fee: \$47
LIMIT: 60 maximum per session

MINI SHOOTERS PRESCHOOL BASKETBALL CLINIC

Get your preschooler off to an early start in this program designed to introduce basketball movements at an early age. Participants will learn the basic basketball fundamentals of passing, dribbling and shooting through age-appropriate drills. Participants will engage in activities that will increase hand-eye coordination for your youngster.
SESSION: 3yr Old Parent Tot Mini Shooters
LIMIT: 24 per Session
LOCATION: Ericksen Community Center, Small Gym
DAYS: Tuesdays
DATES: November 1, 8, 15, 29 December 6 (No 11/22)
AGES: 3yr. olds (Do not need to attend preschool) Participants must turn 3 yr. old prior to the end of the program.
TIME: 5 – 5:45 pm
Registration Period: Now through Oct. 20th Participant Fee: \$36
Late Registration (only if availability permits): Participant Fee: \$43
SESSION: 4 and 5yr old Mini Shooters
LIMIT: 24 per Session
LOCATION: Ericksen Community Center, Small Gym
DAYS: Thursdays
DATES: November 3, 10, 17, December 1, 8 (No 11/24)
AGES: 4 & 5 yr. olds (Do not need to attend preschool)
TIME: 5 – 5:45 pm
Registration Period: Now through Oct. 20th Participant Fee: \$36
Late Registration (only if availability permits): Participant Fee: \$43
LIMIT: 24 per Session

FRIDAY FUN NIGHTS

Upper elementary school students here's your chance to hang out with friends at the “REC”. Consession Stand available for refreshments. Activities included but not limited to kickball, basketball, a movie, dodgeball, volleyball, and soccer. Parents are welcomed to stop in during this activity. This event is a lock-in, once you come in, you stay until close, unless a parent or guardian enters the building to pick you up. Supervision by department staff and volunteers will be provided.
WHO: Elementary School Youth, Grades 3, 4 & 5
LOCATION: Ericksen Community Center, Lower Level
DATES: Friday 5:30 to 8:30 pm Oct. 28, & Feb. 24, 2023
FEE: \$4 Pay at Door

PARKS & RECREATION DEPARTMENT ACTIVITIES CONTINUED

ADULT VOLLEYBALL LEAGUE

1. ENTRY PROCEDURE: Fall Due Date: Thurs., Sept. 29, by 5 pm
Entries contain Team & Manager Info and Entry Fees Paid
Only original rosters accepted no copies. Items must be completed to establish entry order due to space limitations. (Forms available from the Department Office.)

2. ENTRY FEE: Volleyball: \$225
\$25 late fee charged after deadline, IF entry is accepted.

3. LEAGUE MEETING: FALL: Thursday, October 6
Site: Ericksen Center All Volleyball—5:30 pm Agenda to include review of playing rules, administration of league play and preliminary schedule distribution. Rosters completed first night of play/practice

4. FALL SEASON: Playing nights—Oct 17, 2022–Jan 19, 2023 (approx.)
Times: 6 - 10 pm Weekdays
Monday: Mixed Modified Volleyball
Wednesday: Women's Power Volleyball
Thursday: Mixed Modified Volleyball
Women' Modified Volleyball (Upper & Lower)
No games Oct 24 Nov 23 & 24 (Thanks.) Dec 26, 28, 29, (Holiday Break)

5. ROSTER ADMINISTRATION: Roster change deadline: Fall: Nov. 10
Rosters are frozen after the deadline listed above. Two exceptions new citizens and team hardship. Players can only play on one team in each division: (Women's or Mixed). All individual players must sign the original Team Roster. Department accepts registrations for teams only. If individuals are interested in getting involved on a team, a "Look For a Team" list is kept. To place your name on this list, which is made available to team managers, please call 243-1260.
Due to limited facilities, each league is limited to 12 teams per night
Sign up for team practice. \$5 for an hour @ 6 pm, 7 pm or 8 pm start (advanced notice required)

ADULT FLAG FOOTBALL

Entry Due: September 8
Entry Fee: \$250
League Meeting: Thursday, September 15th at 5:30pm - Ericksen Community Center
Approx. Dates: September 18—October 23 Sundays

ADULT BASKETBALL LEAGUE

WHO: Adults
LOCATION: Ericksen Community Center, Gym
GAMES: Dec 4, 2022 - Feb 26 approx 2023.
DAY & TIME: Sunday Evenings
FEE: \$425.00 - 10 game season
LIMIT: Minimum 4 teams: Max 8 teams
REGISTRATION: Ends Thurs, Nov. 17
MANAGER'S MTG: Tuesday, Nov 22, at 5:30pm

XTREME HIP-HOP WITH TIFF!

Xtreme Fitness is a revamp of traditional step aerobics. With routines set to old and new school hip hop, it makes you want to get up and move while getting a great calorie burn! This one-of-a-kind fitness program offers one simple goal... to make you LOVE working out!!!! A party you won't want to miss!

Regular Classes start Sept. 6—Oct. 6 (10 classes)

WHO: Anyone age 15 or older
LOCATION: Ericksen Community Center, Small Gym
INSTRUCTOR: Tiffany Harris - Certified Xtreme Hip-Hop instructor
DAYS/TIME: Tues./Thurs. 5:30—6:30
LIMIT: Minimum 10 per session / Maximum 40

Session 1: Sept. 6—Oct. 6 Tues/Thurs (10 classes)
Session 2: Oct. 10—Nov. 14 (No class 10/24) Mon/Wed (10 classes)
Session 3: Nov. 21—Dec. 19 (No class 11/23) Mon/Wed (10 classes)
Fee: \$44

4TH & 5TH GRADE DODGEBALL NIGHT

For youngsters who can't get enough Dodgeball! Come as a team of five players and get ready for two hours of active play. Teams may register on that night, or phone the recreation office at 563-243-1260. Prizes As Well.

WHO: Elementary School Youth, Grade 4 and 5
LOCATION: Ericksen Community Center, GYM
DATE: November 5, 2022
DAY & TIME: Saturday, 6 pm to 8 pm
FEE: \$4 Per Person
LIMIT: 3 Teams Minimum; 8 Teams Maximum
REGISTRATION: At the door beginning at 5:30
INSTRUCTOR: Recreation Staff

MIDDLE SCHOOL DODGEBALL NIGHT

Popular activity for grades 6, 7 and 8. Put down the remote control and bring a team of five for two hours of exciting play. Teams may register on that night, or phone the recreation office at 563-243-1260. Prizes As Well.

WHO: Middle School Teens, Grades 6, 7 and 8
LOCATION: Ericksen Community Center, GYM
DATE: December 3, 2022
DAY & TIME: Saturday, 6 pm to 8 pm
FEE: \$4 Per Person
LIMIT: 3 Teams Minimum; 8 Teams Maximum
REGISTRATION: At the door beginning at 5:30
INSTRUCTOR: Recreation Staff

DOG PROGRAMS

DOG INSTRUCTORS: Judy May
LOCATION: Riverview Pool Bathhouse & Nature Barn
REGISTER: Ericksen Community Center– 1401 11th Ave N, Clinton, IA 52732 563-243-1260. Each class will require a minimum number to be registered. Once the maximum is met, class is closed even if it has not reached the registration deadline. A soft light-weight nylon buckle collar and 6' leash are required. Any breed of dog will be accepted provided they are at least six months of age, proof of distemper, kennel cough (12 wks), rabies (4 mos) and parvo shots must be presented at time of registration (marked receipt from vet)

Registration Deadlines:

Session 1 – September 6	Session 2 – November 1
Session 3 – March 1, 2023	Session 4 – April 11, 2023

DOG AGILITY TRAINING AT RIVERVIEW POOL BATHHOUSE

This course gives dogs exposure to jumps, contact obstacle, weave poles, and the basics of canine agility. All breeds of non-threatening dogs allowed, AKC certification not required. Owners must provide a leather or nylon leash and collar.
PREREQUISITES: Dogs must be 6 months old minimum. Handler must show proof of successful completion in a dog obedience class prior to participation.

LIMIT: 5 minimum, 8 maximum
DAY & TIME: Saturdays; Session 1–Sept. 10-Oct 29 (no class 9/17)
2:30pm-3:30pm Session 2– Nov 5-Dec 10 (6 weeks)
Session 3 - March 4-April 8
Session 4- April 15-May 13 (May 6 &13 2:30-4pm)

FEE: \$37 (Late fee \$44 if space available)

PUPPY AND DOG OBEDIENCE (formerly Kindergarten for Puppies and Dog Obedience)

Now a combined class for puppies at least twelve (12) weeks of age and all ages of dogs. This class is designed to introduce you and your dog to collar and leash, to endure handling and to obey simple commands. Also, helpful hints on grooming, house-breaking, gnawing and chewing. This class is designed to help you learn how to train your dog; being consistent with your commands, knowing what verbal commands and the hand signals to give your dog. The canine good citizenship test will be taken during the final class. Recommended that the same person should handle the dog at each session.

LIMIT: 6 minimum; 10 maximum
DAY & TIME: Saturdays; Session 1– Sept 10 – Oct 29 (6 weeks) no class 9/17
1pm-2pm Session 2– Nov 5 – Dec 10 (6 weeks)
Session 3– March 4 - April 8
Session 4– April 15 - May 20

FEE: \$37 (Late fee \$44 if space available)

PET PICTURES

Pet professional photographer, James Perron, will take pictures of your pets on Saturday, November 19, 10 am to 1 pm at the Eagle Point Nature Barn. Appointments are necessary and may be made by contacting Judy May, Dog Obedience Instructor at 249-4132. You will receive a 3x5" and 5x7" photo for the \$15 fee. Enlargements and reprints available upon request. All posing challenges are accepted for single or group.

Scary Scurry Dog Walk: Eagle Point Park – Saturday, Oct 22nd
Inclement weather date Sat, Oct 29th.

Fall Fest: Eagle Point Nature Barn – Saturday, Oct 22nd
Inclement weather date Sat, Oct 29th.



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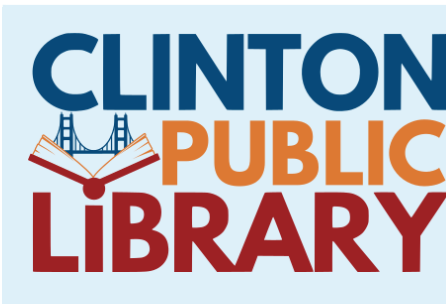
INDEPENDENT SENIOR LIVING • 308 S BLUFF BLVD., Clinton, IA • 563-243-1341 • www.sarahhardingofclinton.com



The logo is circular with a blue border and a white center. It features an anchor icon at the top, the text "River Cities CHOICE Awards" in blue and red, and "2021" at the bottom. The logo is surrounded by a decorative rope border.

CLINTON PUBLIC LIBRARY

CLINTON PUBLIC LIBRARY | 306 8TH AVENUE SOUTH | CLINTON, IA 52732 | 563-242-8441 | WWW.CLINTONPUBLICLIBRARY.US



The Mission of the Clinton Public Library is to provide a welcoming and inclusive environment, offer programs and services to benefit all ages, and connect people to resources with the goal of enriching our diverse community.

Clinton Public Library is a department of the City of Clinton and offers a full range of services, programs and materials!




We offer: Faxing, Scanning, Printing, Public notary, 3D Printing, Cricut, Bookbinding, Button making, Lamination, Hotspots, Cake pans, Cookie cutters, Free Computer use and more!

The Lyons Branch library houses genealogy and local history collections, indexes, microfilm, periodical, books, public computers, printing, copying and faxing.

The library also provides free programming for all ages– from storytimes to special speakers.

The Clinton Public Library aspires to be an accessible resource for our community where all can discover, learn, create, connect, and grow.

By using our library patrons saved \$1,191,518.07 in FY2022!

FOLLOW US    **@IACPL**

Visit us online: WWW.CLINTONPUBLICLIBRARY.US

Sign up for our e-newsletter at: <https://clintonpubliclibrary.us/newsletter>

CLINTON PUBLIC LIBRARY

Main Branch | 306 8th Avenue South | 563-242-8441

MONDAY - THURSDAY	9:00 AM - 8:00 PM
FRIDAY	10:00 AM - 5:00 PM
SATURDAY	10:00 AM - 2:00 PM

LOCAL HISTORY & GENEALOGY CENTER

Lyons Branch | 105 Main Avenue | 563-242-5355

TUESDAY	10:00 AM - 5:00 PM
WEDNESDAY	12:00 PM - 7:00 PM
THURSDAY-SATURDAY	10:00 AM - 5:00 PM

**CLINTON PUBLIC LIBRARY WILL BE CLOSED
SEPTEMBER 5TH & OCTOBER 13TH 2022**

FROM THE LIBRARY BOARD PRESIDENT

It is exciting to see the progress being made by our Library Director Susan Mesecher and the Board of Trustees. Gone are the days that our current Carnegie Library exists for quiet solitude and mindful adventures into the pages of bounded print.

Today, the Clinton Public Library is a destination for people of all ages who want to seek their own real-life adventures in living. The COVID pandemic forced us all to put a twist on life, including ways for the Library to serve the people of Clinton. Programs like Popsicles in the Park, where children can listen to stories and meet local law enforcement personnel. Pop-Up Library at outdoor venues for children to attend with their parents to enjoy ready fun and games. Market Music, fun for all ages at Lyons Four Square Park on every other Wednesday in the Summer. Finally, the Library Outreach program delivers books to people of all ages who are homebound.

The indoor programs offered at the Library are even more numerous and can't all be mentioned, but include "Afternoon Adventures" for school age children. Program presentations for seniors helping to curb the fear of falling. The Maker Space where people of all ages can open their imaginations through 3D and other activities. Holiday celebrations, Nostalgia Nights, The Cookbook Club, and Grown-Ups Color Too, all programs for the people of Clinton to attend. The Lyons Branch has an extensive genealogy department.

In a recent study we were told that the library was too small, both in physical size and the reading collection. We would have to grow by 7,000 square feet to accommodate the deficiencies that exist today and we need to prepare for future growth. Your Clinton Public Library is a valuable and needed asset for the community. Seven out of ten visitors and new residents come to the library first to get information about the area.

Our Carnegie Library is beautiful, a majestic landmark for the people of Clinton and all who cross the bridge from Illinois. It is nearly 120 years old. It does have an elevator but is not compliant for wheelchair access or other ADA requirements. To comply, the historical aesthetic features of the library's interior would have to be eliminated or redesigned, taking away the historic view of the building.

The Clinton Public Library is just as important to the community as any other service that the city offers. When the Board of Trustees met in March, I asked everyone to give a verbal opinion on what direction we should go with the Library's future. No one came to the meeting thinking that a new library was going to be the answer. Looking at the Board's list of needs for a library and public goals, we all agreed that a new library would best serve Clinton. No one wants to abandon the current library. We feel it can have a new life.

The Clinton City Council has some valued questions, particularly the cost and repurposing of the building. Our next step is to have a feasibility study done, but the City is reluctant to re-appropriate our funds for that. Also, there is the question of building costs, of which the Board understands that half would have to be raised by private contributions.

I have lived here all my life, and my life is Clinton. I strongly encourage everyone living here to visit the Library and learn how it is one more reason that we can make our city shine.

Thank you,
Dan McEleney, CPL Board of Trustees President



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FRIENDS OF THE LIBRARY BOOKSTORE



BOOKSTORE HOURS

Lower Level of Library
306 8th Ave. S.
Clinton, IA

Monday
10 am- 2 pm

Wednesday
1 pm-5 pm

Saturday
10 am- 2 pm

Are you looking for some good quality books to purchase at a low price? Well, search no further! The Friends of the Library Underground Bookstore supports the library with every purchase and is located on the lower level of our library. Special Sales Each Month! @FolBookstore



SUMMER READING COMES TO A CLOSE

Thank you to all that participated in summer reading this year! Keep Beanstack installed, we'll be using it for future reading challenges throughout the year!

YOUTH PROGRAMS

Pre-K Storytime - Join us in the Youth Department on Wednesdays at 10:30am for fun songs, books, a craft and a puppet show.

Afternoon Adventures - Geared for kids in kindergarten to 6th grade. Join us on Wednesday afternoons at 2:30-4:00pm for fun exploration and activities.

CALL FOR VOLUNTEERS

The library is looking for teen volunteer shelvers. This is a great opportunity for teens looking to apply for National Honors Society and looks great on college and job applications! To fill out a volunteer application please visit <https://clintonpubliclibrary.us/about/support-library>.

2022 MARKET MUSIC

MUSIC • FOOD VENDORS • 5-7PM

Wednesday, August 10
Unidynes
Creative Catering Caravan

Wednesday, August 24
Dirty Water Boys
Nacho Ordinary Taco Truck

Wednesday, September 7
Brooke Byam
Nacho Ordinary Taco Truck




MARKET MUSIC '22

Lyons Four Square Park

JOHNSON-LIEFERMAN PHOTOS! LYONS PHOTOGRAPH PROJECT

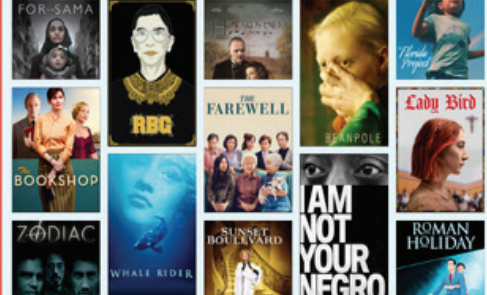
The Johnson-Lieferman photo collection has been with the Clinton Public Library since 2011. We are now making available these photos/negatives at reasonable prices. If you are interested in purchasing a package that you had done by Johnson or Lieferman Photography please call 563-242-5355 to see if we have this in our collection. These are being sold as-is with no guarantees and no refunds. You may request pickup at the Lyons Branch Library or the Main Library. All proceeds will benefit the Lyons Branch Library. We hope to hear from you soon!



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What can you watch on Kanopy?

- Go to clintonpubliclibrary.kanopy.com
- Enter your library card number and, if necessary, your password/PIN
- Create your account
- Start watching



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BUILDING & NEIGHBORHOOD SERVICES

IS THERE MOLD IN YOUR HOME!?

Why is mold growing in my home? Molds are part of the natural environment. Outdoors, molds play a part in nature by breaking down dead organic matter such as fallen leaves and dead trees, but indoors, mold growth should be avoided. Molds reproduce by means of tiny spores; the spores are invisible to the naked eye and float through outdoor and indoor air. Mold may begin growing indoors when mold spores land on surfaces that are wet. There are many types of mold, and none of them will grow without water or moisture.

Can mold cause health problems? Mold can cause an allergic reaction in some individuals. About 50% of the population of the United States is allergic to mold. If you are NOT allergic to mold, it is unlikely that you will have health effects from mold exposure. If you are allergic to mold, your reaction depends on how sensitive you are to mold. Symptoms of an allergic reaction are

- 1. Itchy or watery eyes, runny nose.
- 2. Sinus drainage.
- 3. Respiratory discomfort, and
- 4. Cough.

How do I get rid of mold? It is impossible to get rid of all mold and mold spores indoors; some mold spores will be found floating through the air and in-house dust. The mold spores will not grow if moisture is not present. Indoor mold growth can and should be prevented or controlled by controlling moisture indoors. If there is mold growth in your home, you must clean up the mold and fix the water problem. If you clean up the mold, but don't fix the water problem, then, most likely, the mold problem will come back. Below are steps you can take to help eliminate mold;

- 1. Fix the source of the water problem or leak to prevent mold growth.
- 2. Reduce indoor humidity (to 30-60%) to decrease mold growth by:
 - Venting bathrooms, dryers and other moisture-generating

- sources to the outside
- Using air conditioners and de-humidifiers
- Increasing ventilation
- Using exhaust fans whenever cooking, dishwashing and cleaning
- 3. Clean and dry any damp or wet building materials and furnishings within 24-48 hours to prevent mold growth.
- 4. Clean mold off hard surfaces with water and detergent, and dry completely.
- 5. Prevent condensation: Reduce the potential for condensation on cold surfaces (i.e., windows, piping, exterior walls, roof, or floors) by adding insulation.
- 6. Fix plumbing leaks and other water problems as soon as possible. Dry all items completely.
- 7. Absorbent or porous materials, such as ceiling tiles, carpet, toys, stuffed animals, bedding, and books, may have to be thrown away if they become moldy. Mold can grow on or fill in the empty spaces and crevices of porous materials, so the mold may be difficult or impossible to remove completely.
- 8. If you are unsure about how to clean an item, or if the item is expensive, or of sentimental value, you may wish to consult a specialist
- 9. Bathroom Tips; Places that are often or always damp can be hard to maintain completely free of mold. If there's some mold in the shower or elsewhere in the bathroom that seems to reappear, **increasing ventilation** (running a fan or opening a window) and **cleaning more frequently** will usually prevent mold from recurring, or at least keep the mold to a minimum.

Should I test my house or apartment for mold? No, the Iowa Department of Public Health does NOT recommend testing for mold for several reasons:

- 1. Mold is present at same level in outdoor air throughout the year

- so testing may be unreliable.
- 2. It is very difficult, even for professionals, to get meaningful test results.
- 3. Mold testing can be very costly.
- 4. There are no regulatory levels or guidelines for comparing testing results.

Who should do the cleanup? Who should do the cleanup depends on a number of factors, one consideration is the size of the mold problem. If the moldy area is less than about 10 square feet (less than roughly a 3 ft. by 3 ft. patch), in most cases, you can handle the job yourself, following the guidelines below. However:

- 1. If there has been a lot of water damage, and/or mold growth covers more than 10 square feet, consult a professional restoration or mold removal company.
- 2. If you already have a mold problem ACT QUICKLY. Mold damages what it grows on. The longer it grows, the more damage it can cause. *Leaky window – mold is beginning to rot the wooden frame and windowsill.*
- 3. If you choose to hire a contractor (or other professional service provider) to do the cleanup, make sure the contractor has experience cleaning up mold. Check references!

If you are dealing with mold issues and your property is a rental, communicate concerns to your landlord and assist in creating a plan to eliminate mold growth. If repairs are required please allow the property owner time to schedule and make required repairs. If your mold problem is created by a lack of maintenance, water leaks, deteriorated walls or window sills, lack of weatherization, and repairs are not taking place, please contact Building & Neighborhood Services at (563) 244-3360 for assistance. Mold growth not created by a lack of maintenance, like mold on shower or bathing surfaces, is not a rental violation and must be removed by the tenant and /or property owner.

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- Library
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31st Frankie Joe & Kinfolk

August

14th Jacquie Miller
21st Lewis Knudsen

September

11th Alex & Alan Duo
25th Joel Sires

1776 E Deer Creek Rd
Clinton, IA 52732
563-519-9463

STREETS & SOLID WASTE DEPARTMENT

Public Works Department: Hours of Operation: 7:00 am – 3:30 pm | Phone: 563-242-2144, then option 3 (Public Works), then option 3 | Phones Answered from 8:00 am – 3:00 pm

The City of Clinton Public Works Departments strive to maintain the safety and health of our community in all our endeavors. Public Works consists of the following 4 departments.

The Streets Department's **6** employees have several responsibilities within the city's right-of-ways. Some of these responsibilities include: pothole repairs; putting up and replacing street signage; street sweeping; snow & ice removal on city streets; alley grading; right-of-way mowing and weed spraying; and removing fallen trees, branches, and debris within the roadway.

The Solid Waste Department's **6** employees are responsible for the collection of the city-owned garbage, yard waste and recycling carts. The

Solid Waste Department is also responsible for taking the orders for delivery and cancellation of the city-owned carts. The Solid Waste Department also assists with snow removal when a "Snow Emergency" is declared.

The Sewer Maintenance Department's **4** employees maintain the storm and sanitary sewer systems throughout the city. The Sewer Maintenance Department also assist with snow removal when 1 or more inches of snow is forecasted.

The Facilities and Grounds Department's **6** employees maintain city owned property and buildings throughout the city. The Facilities and Grounds Department also assist with snow removal when 1 or more inches of snow is forecasted.

Residents are encouraged to use the OsTicket system to generate a work order for any work needed within Public Works:

<http://ticket.cityofclintoniowa.us/ostic/>

As a reminder when driving around town, we ask that you please use caution and slow down when approaching street crews in the roadway. Thank you!

By following these two simple rules, you can help save lives, avoid receiving a traffic ticket and prevent the potential loss of your driver's license. Iowa law requires motorists to:

1. Change lanes or slow down, absent any other direction from a peace officer, when approaching the following vehicles, as provided in (Iowa Code section 321.323A):
2. Yield the right of way to an emergency vehicle displaying flashing lights or giving an audible signal by moving over to the right, stopping and waiting until the vehicle has passed before proceeding. (Iowa Code section 321.324).

Streets Department Information

Debris in Street or Alley

Please be aware that it is against City Ordinance to blow cut grass or leaves into the roadway and gutter. Yard debris clogs up storm drains/catch basins and can contribute to sewer backups. If you have a storm drain/catch basin anywhere around your property, please keep it clear to ensure all runoff drains properly.

§ 97.003 Placing Debris on Street or Alley

It is unlawful for any person to throw or deposit on any street or alley any glass, glass bottle, nails, tacks, wire, cans, trash, garbage, rubbish, litter, offal, leaves, grass or any other debris likely to be washed into the storm sewer and clog the storm sewer, or any substance likely to injure any person, animal or vehicle.

(Iowa Code § 321.369) (1999 Code, § 135.03) Penalty, see § 10.99

Unlawful Dumping

Please report unlawful dumping to the Clinton Police Department at 563-243-1458. The 1400 block of 13th Avenue South has become a popular location to dump garbage and tires illegally. In the month of June the City of Clinton has paid out approximately \$8,500.00 in landfill costs due to the illegal dumping at the aforementioned address, these funds could have been allocated to other areas such as street repairs and right of way maintenance. A picture of the vehicle and license plate would be quite helpful.

Trimming Trees

§ 98.06 Duty to Trim Trees

The owner or agent of the abutting property shall keep the trees in or overhanging the street trimmed so that all branches will be at least 13 feet above the surface of the street and 9 feet above the sidewalks. If the abutting property owner fails to trim the trees, the city may serve notice on the abutting property owner requiring that such action be taken within five days. If such action is not taken within that time, the city may perform the required action and assess the costs against the abutting property for collection in the same manner as a property tax. Except as allowed in this section, it is unlawful for any person to trim or cut any tree in a street or public place without first obtaining authorization from the city. The Building and Neighborhood Services Official or his or her designee shall have the power to enforce this section.

(Iowa Code §§ 364.12(2)(c), 364.12(2)(d), 364.12(2)(e), 364.12(3)(b)) (Ord. 2437, passed 12-14-2010) Penalty, see § 98.99

The city may remove trees in the right-of-way when there is a hazard caused by the tree, the tree has become a nuisance, the tree is dead/dying or for public works projects. When a tree in the right-of-way has been identified to be removed a notification letter will be sent in advance to the homeowner. Any damage to a home and or property caused by a tree in the right-of-way would be covered by the homeowner's insurance policy.

Property Owners/Tenants Responsibility for Maintaining Right-of-Way

All owners of property and/or tenants of rental property are responsible for the maintenance of the right-of-way adjacent to the parcel's property lines. All grass, weeds, vines, and brush must be kept to less than 8" of growth.

§ 94.03 Maintenance of Boulevard and Residential Property

All owners of property abutting any road right-of-way shall maintain their property and the abutting road right-of-way by cutting or destroying all grasses, weeds, vines and brush when the growth exceeds eight inches in height.

Residential Street Light Outages

Many people are not aware that the majority of the street light outages in residential neighborhoods are not the responsibility of the City of Clinton. The City of Clinton is only responsible for the lighting and poles in the business corridors throughout town as well as the traffic signals. Street lights located in the residential areas of town are the responsibility of Alliant Energy. For any problems concerning residential street lights Alliant Energy prefers to be contacted by the homeowners directly. Listed below is the contact information for outages:

Residential Street Lights
Alliant Energy 1-800-255-4268

Traffic Signals or Business Corridor Lights
City of Clinton 563-242-2144 option 1, option 3
or you may submit a request online:
www.alliantenergy.com/CustomerService/AlliantEnergyService/OutageCenter/RequestaStreetslightRepair



CHARGING STATION

The City has installed it's first charging station located at:
130 5th Avenue South

The charging station will charge all electric vehicles and is a ChargePoint charger. The current charging rate is \$1 an hour and the rate may change in the future.

www.chargepoint.com

Solid Waste Department Information

Upcoming Garbage, Yard Waste and Recycling Delays:

Labor Day, Monday, September 5th
Monday, September 5th – NO garbage/yard waste/recycling collections.
Collections will be delayed by one day for the rest of the week.
Monday's Routes – Will be collected on Tuesday, September 6th.
Tuesday's Routes – Will be collected on Wednesday, September 7th.
Wednesday's Routes – Will be collected on Thursday, September 8th.
Thursday's Routes – Will be collected on Friday, September 9th.
Friday's Routes – Will be collected on Saturday, September 10th.

Large Item Collection

The City of Clinton **no longer** provides Large Item Collection. For persons needing to dispose of large items that will not fit into their garbage collection cart, the items may be taken directly to the Clinton County Area Solid Waste Agency located at: 4292 220th St. – Clinton, IA 52732. For any landfill questions, please call (563) 243-4749 or visit the website at: www.ccaswa.com.

Sharps Disposal

The City of Clinton **does not** collect and/or dispose of used sharps as they pose a potential threat to the sanitation workers. However, residents may transport and dispose of sharps collected in an empty container similar to a laundry soap container (which has been labelled) and drop it off free of charge at the Clinton County Area Solid Waste Agency located at: 4292 220th St. – Clinton, IA 52732. For any landfill questions, please call (563) 243-4749 or visit the website at: www.ccaswa.com.

Year to Date Solid Waste Numbers through 06/30/22

Recycling – 488.91 tons or 977,820 pounds, no charge.
Yard waste and Brush – 790.53 tons or 1,581,060 pounds, no charge.
Garbage/refuse – 3902.96 tons or 7,805,920 pounds, \$44 per ton = \$171,730.24.
Rubble – 115.08 tons or 230,160 pounds, \$5 per ton = \$575.40.

Tarping Loads to the Landfill

Please be aware that tarps and/or covers are required by City Ordinance on any and all waste being transported to the Clinton County Area Solid Waste Agency (aka the Landfill):

§ 50.27 Loading

Vehicles or containers used for the collection and transportation of any solid waste shall be loaded and moved in a manner that the contents will not fall, leak or spill therefrom, and shall be covered to prevent blowing or loss of material. Where spillage does occur, the material shall be picked up immediately by the collector or transporter and returned to the vehicle or container and the area properly cleaned. Not tarping a vehicle or losing debris may result in a \$50.00 fine.

(1999 Code, § 106.03) (Iowa Code §§ 321.460 and 805.8A(13)(c))

Solid Waste Collection Program

- CART INFORMATION**
- All City of Clinton collection carts are the property of the City.
 - The City has 3 types of collection carts: Gray – garbage, Green – yard waste, and Blue – recycling.
 - Collection carts are assigned to an address, not an individual (family). When ownership of a residence changes, each cart must stay at the address it is assigned to. Residents may cancel services at any time and all appropriate carts will be removed.
 - Residents have the option to purchase extra carts if so desired, purchased carts move with the owner.
 - Each resident is responsible for the proper care and security of the collection carts. The resident will be charged for replacing a cart should it become damaged or stolen as the result of improper care and/or not keeping the cart secured on the property.
- COLLECTION INFORMATION**
- All carts must be out by 7:00 am the day of collection.
 - Garbage should be bagged in the gray cart.
 - Yard waste should be placed loose in the green cart (**no bags**).
 - Recycling should be placed loose in the blue cart (**no bags**).
 - Carts **will not** be emptied if there is improper or incorrect material in the cart (such as garbage in a yard waste or recycling cart).
 - Hot ashes should never be placed in the carts.
 - Construction debris is not allowed in any of the carts.
 - Toxic or hazardous waste is not allowed in any of the carts. This includes: electronics, pesticides, paint cans with paint, motor oils, sharps containers, flammable material, etc. (Contact the Clinton County Landfill at 563-243-4749 for any questions about acceptable material.)
 - The maximum weight limit of the 95-gallon carts is 150 lbs.
 - To avoid exceeding the weight limitation of the cart, or causing possible damage to the cart or collection vehicle, do not place rocks, concrete, bricks or dirt inside carts. Any items placed within the cart must fall out easily when the cart is being serviced. Please do not overfill or tightly pack items into the cart.
 - Lids must be closed.
 - Carts must be located in an area that is easily accessible for the automated trucks. Collection drivers will not leave their vehicles in order to move a cart.
 - Give adequate space between carts for collection by the automated trucks – **3 feet apart is optimal**.
 - Carts must be placed for collection away from homes, garages, fences, parked vehicles, utility poles, mailboxes, etc. **5 feet is the preferred distance** to ensure that any property or possessions are not damaged.
 - Carts should not be placed higher than 1 foot above the surface that the collection truck is on.
 - Carts should not be left at their collection spots past the collection day. Carts should be removed from the street or alley right-of-way and placed in a designated storage area on the resident's property. (This will prevent a possible road hazard, damage to the cart, or theft of the cart.)

Look for the next edition of The Lighthouse Newsletter, coming to your mailbox in Nov 2022!

STREETS & SOLID WASTE DEPT CONTINUED / BUILDING & NEIGHBORHOOD SERVICES

SINGLE-STREAM Recycling

Thank you, City of Clinton residents, for your continued support at making our Single-Stream Recycling program a success.

To find out more about Single Stream Recycling you can go to the City's website at www.cityofclintoniowa.us. Search under the City Departments, then Solid Waste and finally click on Single-Stream Recycling Program. Information about the program along with our collection route map and A-and-B week calendar can be found on this page. The Solid Waste Department also puts out weekly text message alerts on Sunday evening to notify residents to which recycle week (A-red or B-blue) will be starting on that Monday. You may sign up for the text alerts at any time.



Single - Stream Recycling

Recycle Week A

Recycle Week B

Holiday
No Collections
Collections Delayed
By One Day

2022						
January						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
February						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					
March						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
April						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
May						
Su	Mo	Tu	We	Th	Fr	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
June						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
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19	20	21	22	23	24	25
26	27	28	29	30		
July						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
August						
Su	Mo	Tu	We	Th	Fr	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
September						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
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October						
Su	Mo	Tu	We	Th	Fr	Sa
						1
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23	24	25	26	27	28	29
30	31					
November						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
December						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Please do not recycle the following in your blue cart:

- Styrofoam
- Any items with food residue or grease stains
- Gift wrap/Wrapping Paper
- Window glass, glass dishes or ceramic
- Metal building materials or scraps
- Aerosol cans
- Batteries
- Plastic bags (take back to grocery stores that accept them)

If you have any suggestions on how to make this program even better, don't hesitate to contact the Solid Waste Department. We'd love to hear your ideas. 563-242-2144 option 1, option 3.

Sewer Maintenance

Sewer maintenance consists of 4 employees that maintain the city's storm and sanitary sewer collection system which consists of curb and gutter, catch basins, manholes along with storm and sanitary sewer lines throughout the city. The city does not maintain the private laterals that tie into the city sewer system. Homeowners and business owners are responsible for the sewer lateral from the home/business structure to where the lateral ties into the city's infrastructure. Sewer backups are to call 563-357-6055.

§ 52.005 SEWER CONNECTION REQUIRED.

The owner of any building or property which is located within the city, or in any area under the jurisdiction of the city and from which sewage is discharged is required to connect to a public sewer at the owner's expense within 90 days after service of official notice to do so, provided that the public sewer is reasonably available for connection. A property shall be considered reasonably available for connection if the building sewer discharge is within 200 feet of connection to the city sanitary sewer system by private gravity sewer, or within 200 feet of connection to the city sanitary sewer system by private pressurized sewer. Additionally, if the building or property is used for human occupancy, employment or recreation, the owner is required to install at the same time toilet facilities in accordance with the State Building Code and other ordinances of the city. The official notice shall be given by the Council or its designated agent and shall be served upon the owner personally or by certified mail. In the event a building or property owner fails to connect to a public sewer in compliance with a notice given under this section, the city may undertake to have the connection made and shall assess the cost thereof to the property owner. The assessment shall be collected with and in the same manner as general property taxes. This section shall not apply to pre-existing septic systems unless application is made for a permit for repair or replacement of said system.

WATER HEATER

If you are shopping for a new tank-type water heater, you should first get familiar with water heater sizing. By getting the right tank size, plenty of hot water will be available to your household even during the peak times, but without wasting too much energy and water. It is essential to know how to pick the right water heater size because water heating is a large energy consumer. It is actually the second-largest energy user in North American homes, and with the rising cost of gas, oil, and electricity, you should be careful when sizing a water heater. As a general rule of thumb, the tank-type heater must be adequately sized for your home and family needs and also to meet the demand for various applications, including showers, dishwashing, and washing machines. The heater should provide sufficient hot water at a temperature of min. 120 F at the busiest time of the day, and an undersized heater doesn't provide enough hot water, while an oversized heater is a waste energy and money. Probably the most important two factors to consider when purchasing a water heater are: storage (capacity) and heat input. It is important to have the right water heater size, especially when large quantities of hot water are required in a short period. On the other hand, if the peak usage period is for an extended period (more than two hours), then the heater recovery rate is more important. Another tip from the experts is to buy a heater with the highest Energy Factor (EF or UEF). EF measures the efficiency of the heater. They are more

expensive, but with higher EF, you will purchase Energy Star models and save on energy. For storage tank-type heaters, if there is a need for more hot water than what your existing conventional unit provides, you may want to consider buying a high recovery unit or split the system and install two units. Don't make a mistake like most consumers and buy a water heater based solely on the size of the storage tank. The peak hour demand capacity or first hour rating may be more important. This information can be found on the Energy Guide label or brochure. The first hour rating is an indicator of how much hot water one unit can provide. For natural gas, for example, the first hour rating ranges from 40 to over 100 gallons. It is shown in gallons and is the combination of the amount of usable hot water stored in the tank and how many gallons of usable hot water the heater can generate in one hour of operation. Example: If a 40-gallon natural gas heater stores 31 gallons of usable hot water and delivers 41 gallons of usable hot water in the first hour, its first hour rating is 72 gallons. High first hour rating allows you to buy a smaller model as it will result in a good performance even during peak time and high demand while minimizing the cycle and standby losses. There are a lot of variable to consider when purchasing a new water heater, so if you are in the market for one, be sure to ask your plumber if the water heater you are about to purchase is properly sized.



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1-year	3.00 % APY*	Minimum deposit \$1000
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Call or visit your local financial advisor today.



Clinton, IA
Brent R Albrechtsen, AAMS
Financial Advisor
1830 N. 2nd St. - Suite 2
563-242-9966



Clinton, IA
Christie Collins, AAMS
Financial Advisor
1320 11th St. NW
563-242-0466



Clinton, IA
Jerry Kedley
Financial Advisor
947 13th Avenue North
563-243-2776



Clinton, IA
Tom P Timion
Financial Advisor
927 N. 2nd Street
563-242-8271



Clinton, IA
Matthew A Coon
Financial Advisor
947 13th Avenue North
563-243-2776



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YWCA CLINTON

Eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all in the Clinton community and surrounding area for 106 years.



CHILDCARE SERVICES!

The YWCA Children's Center offers quality and affordable childcare programs at both our Downtown & Lyons locations! We provide care for children ages 6 weeks to 11-years-old from 6:00 a.m. to midnight. Call your preferred location for an application and more information.

Downtown: 317 7th Ave • 563-244-8340
Lyons: 250 20th Ave N • 563-242-2190

LIFEGUARD CLASSES!

Become a certified lifeguard in just one week! Visit or call us at 563-242-2110 to register for YWCA Clinton's upcoming lifeguard classes. For more details, visit ywcaclinton.org. Must be at least 15 years old to participate.

JOIN THE YWCA CLINTON FITNESS CENTER!



Class schedule

YWCA Clinton Fitness Membership Includes:

- Use of our **EXERCISE FACILITIES**, including the weight room, cardio room, and locker rooms.
- Access to the **SAUNA** to relax in, to recover, and feel great!
- Free services of the **BABYSITTING ROOM**, while members use our fitness facilities, available for children ages 6 months to 12 years.
- An average of **80 FITNESS CLASSES PER WEEK** on land and in the water with a full access membership, including BodyPump, Yoga, Cycling, Aquacise, Boot Camp, and more!
- Entry to our **INDOOR POOL** and all its services, such as lap swimming, water-based fitness classes, water therapy, open swimming, and family fun, available with a full membership!
- **FINANCIAL ASSISTANCE PROGRAMS** to ensure access for all.

More YWCA Clinton Fitness Center Services:

- **IN-BODY COMPOSITION ANALYSIS** to break down your body type percentages and develop a personalized workout routine!
- **PERSONAL TRAINING PACKAGES** to help you learn new exercise routines and provide motivation to improve your overall health and wellness!

YWCA Clinton is taking every safety and cleaning precaution against COVID-19 to ensure your physical safety and peace of mind. Social distancing and health regulations are in place.

To sign up for a fitness membership or another of YWCA Clinton Fitness Center's services, visit our front desk or call us at 563-242-2110. Contact our Health & Wellness Manager, LuAnn Larson, at health@ywcaclinton.org with questions.

REGISTER OR VOLUNTEER FOR THE CLINTON HALF MARATHON!

YWCA Clinton is hosting the 11th Annual Clinton Half Marathon on Sunday, September 11, 2022. Runners can choose a race distance of 5k, 10k or Half Marathon. If you are interested in volunteering, please contact Volunteer Director Aimee Hammel at aimee.hammel@yahoo.com. All race proceeds benefit YWCA Clinton, giving a voice to the voiceless and making a difference in the lives of so many. Registration is now open! Visit www.clintonhalfmarathon.com for more information or to register for the race.



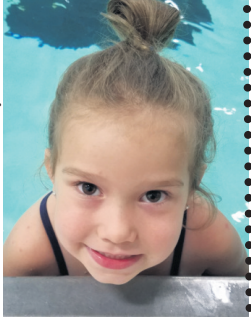
Register here!

SWIM LESSONS!

YWCA Clinton offers swim lessons for all ages and skill levels! To register, call us at 563-242-2110, visit our front desk or go to our website. More information is available at ywcaclinton.org.

Twice Weekly Sessions for 3 Weeks

- 1st Session Registration: September 6 - 11**
- 1st Session Lessons: September 12 - October 22**
- 2nd Session Registration: October 24 - 30**
- 2nd Session Lessons: October 31 - December 17**
- Winter Session Registration: December 26 - January 8**



BECOME A SPLASH SPONSOR!

Help us to keep the YWCA Clinton Pool healthy and vibrant for generations to come and reach our goal of raising \$50,000 to support our pool's operation and maintenance costs.



SENIOR SERVICES!

YWCA Clinton provides fitness memberships and senior programming at little to no cost in partnership with Healthway's SilverSneakers program, American Specialty Health Inc.'s Silver & Fit program, and United Healthcare's Renew Active program. Visit our front desk to see if you qualify!



PRESCHOOL REGISTRATION!

Fall registration for the YWCA Clinton Children's Center's preschool programs are now open! 4-year-old Preschool begins Thursday, Aug 25th and 3-year-old preschool will begin Tues, Sept 6th.

We offer early childhood preschool education programs for both 3-year-olds and 4-year-olds at both our Downtown and Lyons campuses. Preschool is available at no cost for 4-year-old Iowa residents, while limited scholarships are available for 3-year-old preschoolers. To register your child, please contact us at 563-244-8640.



SUPPORT THE YWCA CLINTON EMPOWERMENT CENTER!

The YWCA Clinton Empowerment Center is working hard to serve those experiencing or at risk of homelessness in our community. Help someone in need in our community by making a supply or cash donation. We are currently in need of donations for toiletries, such as **towels, toilet paper, paper towels, tampons, pads** and **cleaning supplies**. Contact our Empowerment Center Director, Angie Bloomfield, regarding donations by calling 833-849-8976 or emailing angie@ywcaclinton.org.

GO THE DISTANCE RAFFLE

Purchase a Go the Distance raffle ticket for a chance to win an "Explore Clinton" basket, a \$1000 cash prize or a year membership to YWCA Clinton! Raffle tickets can be purchased at the YWCA Clinton front desk or online when you register for the Clinton Half Marathon.

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empowering women

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